



Allergen Chart



Products	Cereals with Gluten	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sulfites	Molluscan Shellfish	Sesame	Celery	Mustard	Lupin
Crispy Chicken Soft Taco	Y - Wheat	Y	Y	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Crunchy Taco - Beef	Y - Oat. MCT*Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N	N
Crunchy Taco - Black Beans	MCT*Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N	N
Crunchy Taco - Grilled Chicken	MCT*Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N	N
Crunchy Taco Supreme - Beef	Y - Oat. MCT*Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N	N
Crunchy Taco Supreme - Black Beans	MCT*Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N	N
Crunchy Taco Supreme - Grilled Chicken	MCT*Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N	N
Naked Chicken Taco - Mild	Y - Wheat.	Y	Y	N	N	N	N	Y	N	N	N	N	N	N
Naked Chicken Taco - Wild	Y - Wheat.	Y	Y	N	N	N	N	Y	N	N	N	N	N	N
Soft Taco - Beef	Y - Wheat, Oat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Soft Taco - Black Beans	Y - Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Soft Taco - Grilled Chicken	Y - Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Soft Taco Supreme - Beef	Y - Wheat, Oat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Soft Taco Supreme - Black Beans	Y - Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Soft Taco Supreme - Grilled Chicken	Y - Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
7-Layer Burrito	Y - Barley, Wheat.	Y	N	N	N	N	N	N - MCT*	Y	N	N	N	N - MCT*	N
Beefy Nacho Cravings Burrito	Y - Oat, Barley, Wheat.	Y	N	N	N	N	N	N - MCT*	Y	N	N	N	N - MCT*	N
Crispy Chicken Burrito	Y - Barley, Wheat.	Y	Y	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Double Cheesy Black Bean Cravings Burrito	Y - Barley, Wheat.	Y	N	N	N	N	N	N - MCT*	Y	N	N	N	N - MCT*	N
Spicy Chicken Cravings Burrito	Y - Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Volcano Burrito - Beef	Y - Oat, Barley, Wheat.	Y	Y	N	N	N	N	N - MCT*	Y	N	N	N	N - MCT*	N
Volcano Burrito - Black Beans	Y - Barley, Wheat.	Y	Y	N	N	N	N	N - MCT*	Y	N	N	N	N - MCT*	N
Volcano Burrito - Grilled Chicken	Y - Barley, Wheat.	Y	Y	N	N	N	N	N - MCT*	Y	N	N	N	N - MCT*	N
Baby Quesadilla	Y - Wheat.	Y	Y	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Chalupa Supreme - Beef	Y - Wheat, Oat.	Y	N	N	N	N	N	N	N	N	N	N	N	N
Chalupa Supreme - Black Bean	Y - Wheat.	Y	N	N	N	N	N	N	N	N	N	N	N	N
Chalupa Supreme - Grilled Chicken	Y - Wheat.	Y	N	N	N	N	N	N	N	N	N	N	N	N
Cheesy Gordita Crunch	Y - Wheat, Oat.	Y	Y	N	N	N	N	N - MCT*	N	N	N	N	N	N
Cheesy Gordita Crunch - Black Beans	Y - Wheat.	Y	Y	N	N	N	N	N - MCT*	N	N	N	N	N	N
Cheesy Gordita Crunch - Grilled Chicken	Y - Wheat.	Y	Y	N	N	N	N	N - MCT*	N	N	N	N	N	N
Crunchwrap Supreme - Beef	Y - Wheat, Oat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Crunchwrap Supreme - Black Beans	Y - Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Crunchwrap Supreme - Grilled Chicken	Y - Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Quesadilla - Beef	Y - Oat, Barley, Wheat.	Y	Y	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Quesadilla - Black Beans	Y - Barley, Wheat.	Y	Y	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Quesadilla - Cheese	Y - Barley, Wheat.	Y	Y	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Quesadilla - Grilled Chicken	Y - Barley, Wheat.	Y	Y	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Black Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cheesy Topped Fries	Y - Barley, Wheat.	Y	N	N	N	N	N	N	Y	N	N	N	N	N
Cheesy Topped Nachos	Y - Barley, Wheat.	Y	N	N	N	N	N	N	Y	N	N	N	N	N
Crispy Chicken Tenders	Y - Wheat.	Y	N	N	N	N	N	N	N	N	N	N	N	N
Crispy Chicken Tenders with Cali Ranch Sauce	Y - Wheat.	Y	Y	N	N	N	N	N	N	N	N	N	N	N
Crispy Chicken Tenders with Creamy Jalapeno Sauce	Y - Barley, Wheat.	Y	Y	N	N	N	N	N	N	N	N	N	N	N
Crispy Chicken Tenders with Lava Sauce	Y - Wheat.	Y	Y	N	N	N	N	N	N	N	N	N	N	N
Crispy Chicken Tenders with Nacho Cheese Sauce	Y - Wheat.	Y	N	N	N	N	N	N	N	N	N	N	N	N

Disclaimer: Our allergen information will be kept up to date and should be checked each time you dine with us as we may update recipes. Our teams cannot recommend or tell you what is suitable for you to eat or drink. Taco Bell is committed to providing allergen information for all of its products of the 14 mandatory allergens (Cereals containing gluten, crustaceans, eggs, fish, peanuts, soya beans, milk, nuts, celery, mustard, sesame seeds, sulphur dioxide & sulphites, Lupin & Mollusc). Our teams regularly handle multiple food ingredients in our kitchens, our food and packaging may contact allergens during preparation, cooking and delivery. Delivery couriers may deliver more than one order. We can't guarantee that any items are 100% allergen free including ingredients removed on request. Neither Taco Bell®, our employees, nor our franchisees assume any responsibility for a person's sensitivity or allergy to any food item provided in our restaurants. Allergen information including our full disclaimer is also available at www.tacobell.ie. Taco Bell® does not claim “gluten-free” for any of its food. Some Taco Bell® items are made without gluten containing ingredients but are prepared in common kitchen areas, including common fryer oil, risking gluten exposure. Taco Bell® does not recommend products for customers with celiac disease. Customers with gluten sensitivities should exercise judgment when ordering.

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Dip Pot - Cali Ranch Sauce	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N
Dip Pot - Creamy Jalapeno Sauce	Y - Barley.	Y	Y	N	N	N	N	N	N	N	N	N	N	N
Dip Pot - Lava Sauce	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N
Fries Bell Grande	Y - Oat, Barley, Wheat.	Y	N	N	N	N	N	N	Y	N	N	N	N	N
Fries Supreme	Y - Oat, Barley, Wheat.	Y	N	N	N	N	N	N	Y	N	N	N	N	N
Guacamole	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Jalapenos	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Nacho Cheese Sauce	N	Y	N	N	N	N	N	N	N	N	N	N	N	N
Nacho Chips	Y - Barley, Wheat.	N	N	N	N	N	N	N	Y	N	N	N	N	N
Nacho Chips with Cheese Sauce	Y - Barley, Wheat.	Y	N	N	N	N	N	N	Y	N	N	N	N	N
Nachos Bell Grande	Y - Oat, Barley, Wheat.	Y	N	N	N	N	N	N	Y	N	N	N	N	N
Seasoned Fries	Y - Barley, Wheat.	N	N	N	N	N	N	N	Y	N	N	N	N	N
Seasoned Fries with Cheese Sauce	Y - Barley, Wheat.	Y	N	N	N	N	N	N	Y	N	N	N	N	N
Seasoned Rice	Y - Barley, Wheat.	N	N	N	N	N	N	N	Y	N	N	N	N	N
Sour Cream	N	Y	N	N	N	N	N	N	N	N	N	N	N	N
Caramel Sauce	N	Y	N	N	N	N	N	N	N	N	N	N	N	N
Churros with Caramel Sauce	Y - Wheat.	Y	N	N	N	N	N	N	N	N	N	N	N	N
Grande Cinnamon Twists	Y - Wheat.	N	N	N	N	N	N	N	N	N	N	N	N	N
Cheesy Roll Up	Y - Wheat.	Y	N	N	N	N	N	N - MCT*	N	N	N	N	N - MCT*	N
Churros	Y - Wheat.	N	N	N	N	N	N	N	N	N	N	N	N	N
Cinnamon Twists	Y - Wheat.	N	N	N	N	N	N	N	N	N	N	N	N	N
Extra Black Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Extra Grilled Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Extra Seasoned Beef	Y - Oat.	N	N	N	N	N	N	N	N	N	N	N	N	N
7Up Free	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Lipton Ice Tea Peach	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pepsi Max	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pepsi Max Cherry	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Robinsons Apple and Blackcurrant	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
Pepsi Regular	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Club Orange Regular	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
Club Zero Orange	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pepsi Regular 1.25 ltr	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pepsi Max 1.25 ltr	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Club Orange Regular 1.25 ltr	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
7up Zero 1.25 ltr	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pepsi Regular 500 ml	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pepsi Max 500 ml	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Club Orange Regular 500 ml	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
7up Zero 500 ml	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Still Natural Mineral Water 500 ml	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pepsi Regular 330 ml	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pepsi Max 330 ml	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Club Orange Regular 330 ml	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
7up Zero 330 ml	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Red Bull Energy Drink 250ml	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Red Bull Sugar Free 250ml	N	N	N	N	N	N	N	N	N	N	N	N	N	N

All beef in our restaurant is from mixed European sources: Ireland and Spain.

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